



Pine Grove Area
SCHOOL DISTRICT

Guidance

First Grade

BOARD APPROVED AUGUST 2007

I. PHILOSOPHY

The Guidance department philosophy is to promote and enhance all students learning through academic development, career development, and personal/social development. The guidance counseling department program is proactive and preventive in focus. The activities are designed to enhance academics, provide career awareness, and encourage self awareness. Our purpose is to implement programs so that students can develop specific skills and experience learning opportunities to become successful citizens. Our mission is to guarantee all students receive guidance services that are comprehensive in scope and development in nature so they will achieve success in school and develop into contributing members of society.

II. CORE CONCEPTS

1. Career Planning Portfolios – Ability to identify interests, goals, and concepts to prepare them for the world of work
2. Getting Along – Ability to get along with peers and use appropriate conflict resolution skills
3. Self-Esteem – Ability to define and tell what self esteem is and how to work on keeping good self esteem
4. Responsibility – Ability to learn what responsibility is and how they are responsible in their every day lives
5. Following Directions – Ability to listen and follow both non-verbal and verbal directions
6. Safety and Survival – Ability to understand safety and survival skills
7. Teamwork – Ability to identify teamwork and how to act appropriately in teams
8. Career Awareness – Ability to identify careers and personal interests

III. COURSE OF STUDY

A. Course Name: Guidance

B. Grade Level: First Grade

C. Length of Course: Full Year

1. Frequency: 2 times per month, as per teacher request and additional need arises

2. Duration: 40 Minutes

D. Academic Level: First

E. Credits: 0

F. Prerequisites: None

G. Course Description: This course is designed to engage first grade students in the academic, personal/social and career development activities. Accommodations and modifications will be made for those students who need additional and/or remediation in specific areas.

IV. CONTENT: Guidance Grade 1

CORE CONCEPT 1: Career Planning Portfolio

MAJOR OBJECTIVE: Ability to identify interests, goals, and concepts to prepare them for the world of work

CURRICULUM STANDARD:			
National Standard/Student Expectation	Specific Content	Assessments	Resources/Materials
<p>PA Standard C:B:2.5 Maintain a career- planning portfolio.</p>	<p>Counselor will guide student to:</p> <p>Using modeling and independent thinking strategies...</p> <p>To identify occupations that they have heard about or seen in school or in their neighborhood.</p> <p>To identify jobs that they have right now in their lives.</p> <p>Add artifacts to their portfolios.</p>	<p>Counselor evaluation of:</p> <p>Students review of portfolios and make sure materials are in their folder</p> <p>Student portfolios for completion of grade level activity</p>	<p>PHEAA</p> <p>Various types of literature books</p> <p>Textbooks</p> <p>AV/media</p> <p>Internet/computer</p>

CONTENT: Guidance Grade 1

CORE CONCEPT 2: Getting Along

MAJOR OBJECTIVE: Ability to get along with peers and use appropriate conflict resolution skills

CURRICULUM STANDARD:

National Standard/Student Expectation	Specific Content	Assessments	Resources/Materials
<p>PA Standard A1.6 Distinguish between appropriate and inappropriate behavior.</p>	<p>Counselor will guide student to: Have a discussion on what is appropriate and inappropriate behavior with peers.</p>	<p>Counselor evaluation of: Student responses in class discussion</p>	<p>Role plays/scenarios Literature books Library books Textbooks Computer programs/internet related sites AV/media</p>
<p>PA Standard A1.8 Understand the needs for self-control and how to practice it.</p>	<p>Counselor will guide student to: Identify things that the student can do if they would become mad or have an issue with a peer.</p>	<p>Counselor evaluation of: Student response in class discussion</p>	<p>Role plays/scenarios Literature books Library books Textbooks Computer programs/internet related sites AV/media resources</p>

CONTENT: Guidance Grade 1

CORE CONCEPT 2: Getting Along

MAJOR OBJECTIVE: Ability to get along with peers and use appropriate conflict resolution skills

CURRICULUM STANDARD:

National Standard/Student Expectation	Specific Content	Assessments	Resources/Materials
<p>PA Standard A2.8 Learn how to make and keep friends</p>	<p>Counselor will guide student to:</p> <p>What qualities make up a good friendship?</p> <p>What do friends do to stay good friends?</p> <p>What do I do what I friend does something I do no like?</p>	<p>Counselor evaluation of:</p> <p>Student response in class discussion</p> <p>Students will complete activity sheet to see if they understand the concept.</p>	<p>Role play/scenarios</p> <p>Literature books</p> <p>Library books</p> <p>Textbooks</p> <p>Computer programs/internet related sites</p> <p>AV/media</p>
<p>PA Standard B1.1 Use a decision making and problem solving model</p>	<p>Counselor will guide student to:</p> <p>Students will identify ways to solve problems.</p> <p>Counselor will give students a model to use in order to solve problems.</p>	<p>Counselor evaluation of:</p> <p>Student's ability to state the steps in solving a problem</p> <p>Students will be able to successful and peacefully resolve problem</p>	<p>Role play/scenarios</p> <p>Literature books</p> <p>Library books</p> <p>Textbooks</p> <p>Computer programs/internet related sites</p> <p>AV/media</p>

CONTENT: Guidance Grade 1

CORE CONCEPT 2: Getting Along

MAJOR OBJECTIVE: Ability to get along with peers and use appropriate conflict resolution skills

CURRICULUM STANDARD:

National Standard/Student Expectation	Specific Content	Assessments	Resources/Materials
<p>PA Standard B1.5 Demonstrate when, where, and how to seek help for solving problems and making decisions.</p>	<p>Counselor will guide student to:</p> <p>Identify ways to solve problems.</p> <p>Understand when, where, and how they should seek help for solving problems and making decisions.</p>	<p>Counselor evaluation of:</p> <p>Student responses in class discussion</p> <p>Student's completion of activities to see if they understand the concept</p>	<p>Role play/scenarios</p> <p>Literature books</p> <p>Library books</p> <p>Textbooks</p> <p>PHEAA</p> <p>AV/media</p> <p>Internet/computer</p>

CONTENT: Guidance First Grade

CORE CONCEPT 3: Self Esteem

MAJOR OBJECTIVE: Ability to define and tell what self esteem is and how to work on keeping good self esteem

CURRICULUM STANDARD:

National Standard/Student Expectation	Specific Content	Assessments	Resources/Materials
<p>PA Standard A:A2.1 Articulate feelings of competence and confidence as learners.</p>	<p>Counselor will guide student to:</p> <p>Talk about the feeling(s) they have when they accomplish or are good at something.</p>	<p>Counselor evaluation of:</p> <p>Student responses in class discussion</p>	<p>Role play/scenarios</p> <p>Literature books</p> <p>Library books</p> <p>Textbooks</p> <p>Computer programs/internet related sites</p> <p>AV/media</p>
<p>PA Standard:A1.1 Develop positive attitudes toward self as a unique and worthy person.</p>	<p>Counselor will guide student to:</p> <p>Learn what self esteem is and how self esteem involves how they feel about themselves.</p> <p>Learn ways to help keep a positive self esteem and deal with the negatives that sometimes bring people down.</p>	<p>Counselor evaluation of:</p> <p>Student responses in class discussion</p> <p>Completed activities to see if the student understands the concept</p>	<p>Role play/scenarios</p> <p>Literature books</p> <p>Library books</p> <p>Textbooks</p> <p>Computer programs/internet related sites</p> <p>AV/media</p>

CONTENT: Guidance First Grade

CORE CONCEPT 3: Self Esteem

MAJOR OBJECTIVE: Ability to define and tell what self esteem is and how to work on keeping good self esteem

CURRICULUM STANDARD:

National Standard/Student Expectation	Specific Content	Assessments	Resources/Materials
PA Standard A1.5 Identify and express feelings.	Counselor will guide student to: Identify and express feelings that they may have.	Counselor evaluation of: Student response(s) in class discussion.	Role play/scenarios Literature books Library books Textbooks Computer programs/internet related sites AV/media

CONTENT: Guidance First Grade

CORE CONCEPT 4: Responsibility

MAJOR OBJECTIVE: Ability to learn what responsibility is and how they are responsible in their every day lives

CURRICULUM STANDARD:

National Standard/Student Expectation	Specific Content	Assessments	Resources/Materials
<p>PA Standard A:A3.1 Take responsibility for their actions.</p>	<p>Counselor will guide student to:</p> <p>To know what is responsibility.</p> <p>Be able to identify when it is important to take charge of getting a job done and what happens when the job is not completed.</p>	<p>Counselor evaluation of:</p> <p>Student's ability to identify responsibilities they complete in their daily lives</p> <p>Student work to see if they identified responsibilities they have in their daily life</p> <p>.</p>	<p>Role play/scenarios</p> <p>Literature books</p> <p>Library books</p> <p>Textbooks</p> <p>Computer programs/internet related sites</p> <p>AV/media</p>
<p>PA Standard A2.1 Recognize that everyone has rights and responsibilities</p>	<p>Counselor will guide student to:</p> <p>Discuss what different jobs everyone has in the classroom and at home.</p> <p>Discuss what happens when someone violates someone's rights or does not do their responsibility.</p>	<p>Counselor evaluation of:</p> <p>Student's ability to identify jobs that are done in their classroom and at home</p> <p>Student work</p>	<p>Role play/scenarios</p> <p>Literature books</p> <p>Library books</p> <p>Textbooks</p> <p>Computer programs/internet related sites</p> <p>AV/media</p>

CONTENT: Guidance First Grade

CORE CONCEPT 4: Responsibility

MAJOR OBJECTIVE: Ability to learn what responsibility is and how they are responsible in their every day lives

CURRICULUM STANDARD:

National Standard/Student Expectation	Specific Content	Assessments	Resources/Materials
<p>PA Standard A2.4 Recognize, accept and appreciate ethnic and cultural diversity.</p>	<p>Counselor will guide student to:</p> <ul style="list-style-type: none">Understand ethnic and cultural diversity.Understand the difference in body shapes, sizes, colors, and individual differences.Discuss what their responsibilities are to diversity.	<p>Counselor evaluation of:</p> <p>Student's ability to take responsibility to support diversity</p>	<ul style="list-style-type: none">Role play/scenariosLiterature booksLibrary booksTextbooksComputer programs/internet related sitesAV/media

CONTENT: Guidance First Grade

CORE CONCEPT 5: Following Directions

MAJOR OBJECTIVE: Ability to listen and follow both non-verbal and verbal directions

CURRICULUM STANDARD:

National Standard/Student Expectation	Specific Content	Assessments	Resources/Materials
<p>PA Standard A2.7 Know that communication involves speaking, listening and nonverbal behavior orientation.</p>	<p>Counselor will guide student to: Follow directions verbally and non-verbally.</p>	<p>Counselor evaluation of: Student's ability to know if they completed the directions correctly or incorrectly Students completing the directions correctly Student work to see if it is done correctly</p>	<p>Role play/scenarios Literature books Library books Textbooks Computer programs/internet related sites AV/media</p>

CONTENT: Guidance First Grade

CORE CONCEPT 6: Safety and Survival

MAJOR OBJECTIVE: Ability to understand safety and survival skills

CURRICULUM STANDARD:

National Standard/Student Expectation	Specific Content	Assessments	Resources/Materials
<p>PA Standard C1.1 Demonstrate knowledge of personal information.</p>	<p>Counselor will guide student to:</p> <p>Discuss the ability to identify their telephone number, home address, and who to contact if they needed help.</p>	<p>Counselor evaluation of:</p> <p>Student's ability to give the right information in the case of an emergency</p> <p>Student's ability to verbally communicate who should be contacted in the case of an emergency</p>	<p>Role play/scenarios</p> <p>Literature books</p> <p>Library books</p> <p>Textbooks</p> <p>Computer programs/internet related sites</p> <p>AV/media</p>
<p>PA Standard C1.6 Identify resource people in the school and community, and know how to seek help.</p>	<p>Counselor will guide student to:</p> <p>Know and name people in their community whom they can seek help from if they were in trouble.</p>	<p>Counselor evaluation of:</p> <p>Student's ability to name people they can go to in school and in their community to seek help if they were in trouble</p> <p>Student's ability to identify key people in school and in their community to seek help if they were in trouble</p>	<p>Role play/scenarios</p> <p>Literature books</p> <p>Library books</p> <p>Textbooks</p> <p>Computer programs/internet related sites</p> <p>AV/media</p>

CONTENT: First Grade Guidance

CORE CONCEPT 7: Teamwork

MAJOR OBJECTIVE: Ability to identify teamwork and how to act appropriately in teams

CURRICULUM STANDARD:

National Standard/Student Expectation	Specific Content	Assessments	Resources/Materials
<p>PA Standard C:A2.1 Acquire employability skills such as working on a team, problem-solving and organizational skills.</p>	<p>Counselor will guide student to:</p> <p>Know what good teamwork is and how to interact appropriately on teams.</p> <p>Complete a teambuilding activity.</p>	<p>Counselor evaluation of:</p> <p>Student's ability to identify whether they successfully completed the activity as a team</p> <p>Student's ability to successfully complete the team activity</p> <p>Class discussion</p>	<p>Literature books</p> <p>Library books</p> <p>Textbooks</p> <p>Computer programs/internet related sites</p> <p>AV/media</p>
<p>PA Standard A1.9 Demonstrate cooperative behavior in groups.</p>	<p>Counselor will guide student to:</p> <p>Work cooperatively in group activities.</p>	<p>Counselor evaluation of:</p> <p>Student's ability to successfully complete all classroom/group activities.</p> <p>Student work for completion.</p>	<p>Literature books</p> <p>Library books</p> <p>Textbooks</p> <p>Computer programs/internet related sites</p> <p>AV/media</p>

CONTENT: Guidance First Grade

CORE CONCEPT 8: Career Awareness

MAJOR OBJECTIVE: Ability to identify careers and personal interests

CURRICULUM STANDARD:

National Standard/Student Expectation	Specific Content	Assessments	Resources/Materials
<p>PA Standard C:A1.2 Learn about the variety of traditional and nontraditional occupations.</p>	<p>Counselor will guide student to:</p> <p>Understand different types of jobs through discussion.</p> <p>Identify different jobs and who can have those jobs.</p> <p>Place jobs into categories.</p>	<p>Counselor evaluation of:</p> <p>Student's ability to identify jobs that are traditional and nontraditional jobs</p> <p>Student's ability to identify traditional and nontraditional jobs</p>	<p>Literature books</p> <p>Library books</p> <p>Textbooks</p> <p>Computer programs/internet related sites</p> <p>AV/media</p> <p>PHEAA</p>
<p>PA Standard C:A1.3 Develop an awareness of personal abilities, skills, interests and motivations.</p>	<p>Counselor will guide student to:</p> <p>Identify interests of what they like and do not like.</p> <p>Identify their personal abilities.</p> <p>Understand what skills, interests and abilities are through discussion.</p>	<p>Counselor evaluation of:</p> <p>Student's ability to identify their likes and dislikes</p> <p>Students ability to identify strengths and weaknesses</p> <p>Class discussion</p>	<p>Literature books</p> <p>Library books</p> <p>Textbooks</p> <p>Computer programs/internet related sites</p> <p>AV/media</p> <p>PHEAA</p>

V. EXPECTED LEVELS OF ACHIEVEMENT

A. Students are expected to reach the first grade level of achievement in guidance. These skills include all of those noted in the specific content area of this curriculum.

B. Grading system for all first grade guidance classes is as follows:

Grading Scale	
S	Satisfactory
N	Needs Improvement
O	Outstanding

C. Each student's grade will be determined at the conclusion of each marking period.