



# **Pine Grove Area** SCHOOL DISTRICT

## **Guidance**

### **7<sup>th</sup> Grade**

**BOARD APPROVED AUGUST 2007**

#### **I. PHILOSOPHY**

The philosophy of the guidance curriculum is to promote and enhance all students learning through academic development, career development, personal/social development. The counseling program is proactive and preventive in focus. The activities are designed

to enhance academics, provide career awareness, and encourage self-awareness. Our purpose is to implement programs so that students can develop specific skills and experience learning opportunities to become successful citizens. Our mission is to guarantee all students receive guidance services that are comprehensive in scope and developmental in nature so they achieve success in school and develop into contributing members of society.

## **CORE CONCEPTS**

1. Career Planning Portfolios - Updating and maintaining a portfolio to acquire self-knowledge in order to achieve career goals
2. Developing Career Awareness - Become aware of abilities, skills, interests and how they relate to career goals
3. Developing Career Exploration - Become aware of the various ways careers are classified and demonstrate knowledge of career planning process
4. Decision-Making Skills - Ability to understand consequences of decisions and choices and know when peer pressure is influencing a decision
5. Goal Setting - Ability to identify long and short-term goals and ways to achieve those goals
6. Interpersonal Skills - Ability to respect and appreciate individual differences while learning to make and keep friends
7. Self-Knowledge - Ability to identify values, attitudes, and beliefs, through development of a positive self-concept
8. Conflict Management Skills - Ability to resolve conflicts peacefully

### **III. COURSE OF STUDY**

A. Course Name: Guidance

B. Grade Level: Seventh Grade

C. Length of Course: 6 Sessions

1. Frequency: Once a Week

2. Duration: 42 Minutes

D. Academic Level: Seventh

E. Credits: 0

F. Prerequisites: None

G. Course Description: The 7<sup>th</sup> grade curriculum will introduce students to career awareness and exploration. They will understand their interests and abilities, learn decision-making, goal setting, and conflict resolution skills. Students will also acquire interpersonal skills and maintain a career planning portfolio.

IV. CONTENT: Guidance Grade 7

CORE CONCEPT 1: Career Planning Portfolio

MAJOR OBJECTIVE: Updating and maintaining a portfolio to acquire self-knowledge in order to achieve career goals

<b>CURRICULUM STANDARD:</b>			
National Standard/Student Expectation	Specific Content	Assessments	Resources/Materials
<b>PA Standard C-B 2.5</b> Maintain a career planning portfolio	<p>Counselor will guide student to:</p> <p>To update and discuss career portfolios</p> <p>Complete large group career awareness activity and complete interest survey artifact for portfolio</p>	<p>Counselor evaluation of:</p> <p>Student self- assessment of portfolio update</p> <p>Successful portfolio completion</p> <p>Satisfactory artifact completion</p>	<p>PHEEA</p> <p>Books//videos</p> <p>Computer/internet</p>

CONTENT: Guidance Grade 7

CORE CONCEPT 2: Developing Career Awareness

MAJOR OBJECTIVE: Become aware of abilities, skills, interests, and how they relate to career goals

<b>CURRICULUM STANDARD:</b>			
State Standard/Student Expectation	Specific Content	Assessments	Resources/Materials
<b>PA Standard C:B. 2</b> Students will identify personal skills, interests, and abilities and relate them to current career choice.	Counselor will guide student to:  Become familiar with Gardner's Multiple Intelligences and use knowledge of learning styles to influence career planning	Counselor evaluation of:  Students self-assessment of intelligence inventory  Intelligence inventory results	PHEEA  Books/videos  Computer/internet
<b>PA Standard A: B2.7</b> Students will identify post-secondary options consistent with interests, achievement, aptitude, and abilities.	Counselor will guide student to:  Be interviewed individually regarding personal attributes for career planning portfolio	Counselor evaluation of:  Students self-assessment of intelligence inventory  Intelligence inventory results	PHEEA  Books/videos  Computer/internet

CONTENT: Guidance Grade 7

CORE CONCEPT 2: Developing Career Awareness

MAJOR OBJECTIVE: Become aware of abilities, skills, interests, and how they relate to career goals

<b>CURRICULUM STANDARD:</b>			
State Standard/Student Expectation	Specific Content	Assessments	Resources/Materials
<b>PA Standard C:C2.3</b> Students will use effective communication skills and work cooperatively with others as a team member	Counselor will guide student to:  Work in groups based on Intelligence Survey results and brainstorm careers and post-secondary options related to their highest intelligence	Counselor evaluation of:  Group discussions  Student discussion and responses	PHEEA  Books/videos  Computer/internet

CONTENT: Guidance Grade 7

CORE CONCEPT 3: Developing Career Exploration

MAJOR OBJECTIVE: Become aware of the various ways careers are classified and demonstrate knowledge of career planning process

**CURRICULUM STANDARD:**

State Standard/Student Expectation	Specific Content	Assessments	Resources/Materials
<b>PA Standard C:B1.4</b> Students will know the various ways in which occupations are classified	Counselor will guide student to:  Students will participate in class discussion and group activity to learn about Career Clusters	Counselor evaluation of:  Counselor assessment of class discussion  Student assessment of completed worksheet  Counselor assessment of completed worksheet and class discussion	PHEEA Career Materials and resources  Various Guidance Books/Materials/ Videos  Various Computer/Internet Resources
<b>PA Standard C:B1.5</b> Students will use research and information resources to obtain career information	Counselor will guide student to:  Use critical thinking to analyze specific job categories.	Counselor evaluation of:  Student assessment of completed worksheet  Completed worksheet and class discussion	PHEEA  Books/videos  Computer/internet

CONTENT: Guidance Grade 7

CORE CONCEPT 4: Decision-making skills

MAJOR OBJECTIVE: Ability to understand consequences of decisions and choices and know when peer pressure is influencing a decision

<b>CURRICULUM STANDARD:</b>			
State Standard/Student Expectation	Specific Content	Assessments	Resources/Materials
<b>PA Standard C:A1.5</b> Students will learn to make decisions	Counselor will guide student to:  Evaluate how the decisions they make now can affect planning for the future  Discuss and understand the consequences of decisions	Counselor evaluation of:  Group discussion  Student ability to make healthy decisions	PHEEA  Books/videos  Computer/internet

CONTENT: Guidance Grade 7

CORE CONCEPT 5: Goal-setting

MAJOR OBJECTIVE: Ability to identify long and short-term goals and ways to achieve these goals

**CURRICULUM STANDARD:**

State Standard/Student Expectation	Specific Content	Assessments	Resources/Materials
<b>PA Standard B1.9</b> Identify long and short-term goals	Counselor will guide student to:  Identify long and short-term goals in individual interview with counselor	Counselor evaluation of:  Appropriate goal setting  Student self-assessment of their achievement and/or progress towards set goals	PHEEA  Books/videos  Computer/internet
<b>PA Standard C:A1.6</b> Students will learn to set goals	Counselor will guide student to:  Complete an activity to select appropriate goals  Review factors that may get in the way of goals such as teen pregnancy, drugs and alcohol, etc.	Counselor evaluation of:  Group discussion and student understanding of factors that get in the way of goals  Student knowledge of factors that get in the way of goals	PHEEA  Books/videos  Computer/internet

CONTENT: Guidance Grade 7

CORE CONCEPT 6: Interpersonal Skills

MAJOR OBJECTIVE: Ability to respect and appreciate individual differences while learning to make and keep friends

**CURRICULUM STANDARD:**

State Standard/Student Expectation	Specific Content	Assessments	Resources/Materials
<b>PA Standard A2.2</b> Recognize, accept, respect and appreciate individual differences	Counselor will guide student to:  Share and discuss individual intelligence inventory results with each other to produce small groups of students with similar results	Counselor evaluation of:  Counselor evaluation of group discussion  Student awareness of things they have in common with others in the class	PHEEA  Books/videos  Computer/internet
<b>PA Standard A2.1</b> Students will recognize that everyone has rights and responsibilities	Counselor will guide student to:  Review harassment policy and review strategies to deal with bullies  Review peer mediation process	Counselor evaluation of:  Student knowledge and application of strategies  Decrease in the amount of bullying cases in the guidance office	PHEEA  Books/videos  Computer/internet

CONTENT: Guidance Grade 7

CORE CONCEPT 7: Self-Knowledge

MAJOR OBJECTIVE: Ability to identify values, attitudes, beliefs, through development of a positive self-concept

**CURRICULUM STANDARD:**

State Standard/Student Expectation	Specific Content	Assessments	Resources/Materials
<b>PA Standard A1.1</b> Students will develop a positive attitude toward self as a unique and worthy person	Counselor will guide student to:  Complete various self-awareness activities to identify their strengths, skills, abilities, values, and interests	Counselor evaluation of:  Completed self-awareness activities, observation of students' behavior, academic records, and interactions with others in a school setting	PHEEA  Books/videos  Computer/internet

CONTENT: Guidance Grade 7

CORE CONCEPT 8: Conflict Management Skills

MAJOR OBJECTIVE: Ability to resolve conflicts peacefully

**CURRICULUM STANDARD:**

State Standard/Student Expectation	Specific Content	Assessments	Resources/Materials
<b>PA Standard C:C2.2</b> Students will learn to use conflict management skills with peers and adults	Counselor will guide student to:  Discuss ways to solve problems appropriately	Counselor evaluation of:  Class discussion and participation  Student assessment of appropriate solutions for problems	PHEEA  Books/videos  Computer/internet

## **V. EXPECTED LEVELS OF ACHIEVEMENT**

Achievement levels for guidance will not be calculated as a report card grade. These concepts will be assessed by teacher, counselor and parent observation of student participation, cooperation, and knowledge acquired and demonstrated during the various activities.