



Pine Grove Area
SCHOOL DISTRICT

Guidance

8th Grade

BOARD APPROVED AUGUST 2007

I. PHILOSOPHY

The philosophy of the guidance curriculum is to promote and enhance all students learning through academic development, career development, personal /social development. The counseling program is proactive and preventive in focus. The activities are designed to enhance academics, provide career awareness, and encourage self-awareness. Our purpose is to implement programs so that students can develop specific skills and experience learning opportunities to become successful citizens. Our mission is to guarantee all students receive guidance services that are comprehensive in scope and developmental in nature so they achieve success in school and develop into contributing members of society.

CORE CONCEPTS

1. Career Planning Portfolios – Updating and maintaining a portfolio to acquire self-knowledge in order to achieve career goals
2. Developing Career Awareness - Become aware of abilities, skills, interests and how they relate to career goals
3. Developing Career Exploration - Become aware of the various ways careers are classified and demonstrate knowledge of career planning process
4. Decision-Making Skills - Ability to understand consequences of decisions and choices and know when peer pressure is influencing a decision
5. Goal Setting - Ability to identify long and short-term goals and ways to achieve those goals
6. Interpersonal Skills - Ability to respect and appreciate individual differences while learning to make and keep friends
7. Self-Knowledge - Ability to identify values, attitudes, and beliefs, through development of a positive self-concept
8. Conflict Management Skills - Ability to resolve conflicts peacefully

III. COURSE OF STUDY

A. Course Name: Guidance

B. Grade Level: Eighth Grade

C. Length of Course: 6 Sessions

1. Frequency: Once a Week

2. Duration: 42 Minutes

D. Academic Level: Eighth

E. Credits: 0

F. Prerequisites: None

G. Course Description: The 8th grade curriculum will introduce students to career awareness and exploration. They will understand their interests and abilities, learn decision-making, goal setting, and conflict resolution skills. Students will also acquire interpersonal skills and maintain a career planning portfolio.

IV. CONTENT: Guidance Grade 8

CORE CONCEPT 1: Career Planning Portfolio

MAJOR OBJECTIVE: Updating and maintaining a portfolio to acquire self-knowledge in order to achieve career goals

CURRICULUM STANDARD:			
National Standard/Student Expectation	Specific Content	Assessments	Resources/Materials
<p>PA Standard C-B 2.5 Maintain a career planning portfolio</p>	<p>Counselor will guide student to:</p> <p>Update and discuss career portfolios and permanent records during an interview</p> <p>Get a parent to review and sign Career Portfolio</p> <p>Complete large group career awareness activity and complete interest survey artifact for portfolio</p>	<p>Counselor evaluation of:</p> <p>Student's self-assessment of portfolio update</p> <p>Successful portfolio completion and parent signature</p> <p>Satisfactory artifact completion</p>	<p>PHEEA</p> <p>Books/videos</p> <p>Computer/internet</p>

CONTENT: Guidance Grade 8

CORE CONCEPT 2: Developing Career Awareness

MAJOR OBJECTIVE: Become aware of abilities, skills, interests, and how they relate to career goals

CURRICULUM STANDARD:

State Standard/Student Expectation	Specific Content	Assessments	Resources/Materials
PA Standard C:B. 2 Students will identify personal skills, interests, and abilities and relate them to current career choice	Counselor will guide student to: Work on internet site and take an interest inventory and learning style survey	Counselor evaluation of: Student's self-assessment of interest inventory and learning style survey Internet survey results	PHEEA Books/videos Computer/internet
PA Standard A: B2.7 Students will identify post-secondary options consistent with interests, achievement, aptitude, and abilities	Counselor will guide student to: Be interviewed regarding personal attributes for career planning portfolio	Counselor evaluation of: Student's self-assessment of interest inventory and learning style survey Internet survey results	PHEEA Books/videos Computer/internet

CONTENT: Guidance Grade 8

CORE CONCEPT 3: Developing Career Exploration

MAJOR OBJECTIVE: Become aware of the various ways careers are classified and demonstrate knowledge of career planning process

CURRICULUM STANDARD:

State Standard/Student Expectation	Specific Content	Assessments	Resources/Materials
PA Standard C:B1.4 Students will know the various ways in which occupations are classified	Counselor will guide student to: Use internet site to select jobs that are related to their interest survey results	Counselor evaluation of: Student research project Student completed research	PHEEA Books/videos Computer/internet
PA Standard C:B1.5 Students will use research and information resources to obtain career information	Counselor will guide student to: Research several of these jobs using the internet	Counselor evaluation of: Student research project Student completed research	PHEEA Books/videos Computer/internet

CONTENT: Guidance Grade 8

CORE CONCEPT 4: Decision-making skills

MAJOR OBJECTIVE: Ability to understand consequences of decisions and choices and know when peer -pressure is influencing a decision

CURRICULUM STANDARD:

State Standard/Student Expectation	Specific Content	Assessments	Resources/Materials
<p>PA Standard C:A1.5 Students will learn to make decisions</p>	<p>Counselor will guide student to:</p> <p>Evaluate how the decisions they make now can affect planning for the future</p> <p>Learn warning signs of Teen Suicide and learn what to do if someone exhibits these signs</p> <p>Understand the myths surrounding teen suicide</p>	<p>Counselor evaluation of:</p> <p>Group discussion</p> <p>Student's assessment of ability to make healthy decisions</p> <p>Pre- and post tests</p>	<p>PHEEA</p> <p>Books/videos</p> <p>Computer/internet</p>
<p>PA Standard C1.5 Students will differentiate between situations requiring peer support and situations requiring adult professional help</p>	<p>Counselor will guide student to:</p> <p>Learn warning signs of Teen Suicide and learn what to do if someone exhibits these signs</p> <p>Understand the myths surrounding teen suicide</p>	<p>Counselor evaluation of:</p> <p>Group discussion</p> <p>Student's assessment of ability to make healthy decisions</p> <p>Pre- and post tests</p>	<p>PHEEA</p> <p>Books/videos</p> <p>Computer/internet</p>

CONTENT: Guidance Grade 8

CORE CONCEPT 5: Goal-setting

MAJOR OBJECTIVE: Ability to identify long-and short-term goals and ways to achieve these goals

CURRICULUM STANDARD:

State Standard/Student Expectation	Specific Content	Assessments	Resources/Materials
PA Standard B1.9 Identify long-and short-term goals	Counselor will guide student to: Identify long-and short-term goals in individual interview with counselor	Counselor evaluation of: Appropriate goal setting Student's self-assessment of goals	PHEEA Books/videos Computer/internet
PA Standard C:A1.6 Students will learn to set goals	Counselor will guide student to: Complete an activity to select appropriate goals Select high school courses based on their goals	Counselor evaluation of: Appropriate goal setting Student's self-assessment of goals	PHEEA Books/videos Computer/internet

CONTENT: Guidance Grade 8

CORE CONCEPT 6: Interpersonal Skills

MAJOR OBJECTIVE: Ability to respect and appreciate individual differences while learning to make and keep friends

CURRICULUM STANDARD:

State Standard/Student Expectation	Specific Content	Assessments	Resources/Materials
PA Standard A2.2 Recognize, accept, respect and appreciate individual differences	Counselor will guide student to: Students will understand the severity of the problem of bullying and teasing Look at themselves and make adjustments in their own behavior to prevent bullying	Counselor evaluation of: Group discussion Student's self- assessment of personal behavior and attitudes towards teasing and bullying	PHEEA Books/videos Computer/internet
PA Standard A2.1 Students will recognize that everyone has rights and responsibilities	Counselor will guide student to: Discuss the consequences of bullying and teasing	Counselor evaluation of: Assessment indicating a decrease in the amount of bullying cases in the guidance office	PHEEA Books/videos Computer/internet

CONTENT: Guidance Grade 8

CORE CONCEPT 7: Self-knowledge

MAJOR OBJECTIVE: Ability to identify values, attitudes, beliefs, through development of a positive self-concept

CURRICULUM STANDARD:

State Standard/Student Expectation	Specific Content	Assessments	Resources/Materials
PA Standard A1.1 Students will develop a positive attitude toward self as a unique and worthy person	Counselor will guide student to: Complete various self-awareness activities to identify their strengths, skills, abilities, values, and interests Compare and contrast information in Career Portfolio gathered thus far in their educational career	Counselor evaluation of: Completed self-awareness activities, observation of students' behavior, academic records, and interactions with others in a school setting	PHEEA Books/videos Computer/internet

CONTENT: Guidance Grade 8

CORE CONCEPT 8: Conflict Management Skills

MAJOR OBJECTIVE: Ability to resolve conflicts peacefully

CURRICULUM STANDARD:

State Standard/Student Expectation	Specific Content	Assessments	Resources/Materials
<p>PA Standard C:C2.2 Students will learn to use conflict management skills with peers and adults</p>	<p>Counselor will guide student to:</p> <p>Discuss ways to solve problems appropriately</p> <p>Discuss the difference between solving a problem completely and having a temporary solution</p>	<p>Counselor evaluation of:</p> <p>Class discussion and participation</p> <p>Student's assessment of appropriate solutions for problems</p>	<p>PHEEA</p> <p>Books/videos</p> <p>Computer/internet</p>

V. EXPECTED LEVELS OF ACHIEVEMENT

Achievement levels for guidance will not be calculated as a report card grade. These concepts will be assessed by teacher, counselor and parent observation of student participation, cooperation, and knowledge acquired and demonstrated during the various activities.