



Updated August 21, 2020

Pine Grove Area School District Daily COVID-19 Screening Checklist

If you have traveled, or plan to travel, to a [state \(tinyurl.com/Travel-PA\)](https://tinyurl.com/Travel-PA) where there are high amounts of COVID-19 cases, it is recommended that you stay at home for 14 days upon return.

If you answer YES to any of the following questions, do not return to school until you have consulted your healthcare provider. Please see [Return to School Protocols](#) for further instructions regarding testing and quarantining.

1. Do you have a fever (100.4°F or higher)?
2. Have you taken any medication to treat or reduce a fever?
(Tylenol, Acetaminophen, Motrin, Advil, Ibuprofen, etc)
3. Do you have any of the following symptoms beyond what you normally experience?
 - Cough
 - Shortness of breath
 - Difficulty breathing
 - New loss of taste or smell (without congestion)
 - Vomiting
 - Diarrhea
4. Do you have 2 or more of the following symptoms beyond what you normally experience?
 - Chills
 - Muscle pain or body aches
 - Headache
 - Sore throat
 - Congestion or runny nose
 - Nausea
 - Fatigue

Please contact your child's school nurse with any questions.

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