

PINE GROVE AREA SCHOOL DISTRICT

ADMINISTRATIVE REGULATION

246-AR-2. PHYSICAL EDUCATION

Professional staff will provide physical education instruction that complies with the established curriculum and academic standards to ensure that students develop required skills and knowledge.

The physical education curriculum and program will be reviewed and updated, as appropriate.

District schools will ensure that students participate in required physical education classes.

Physical education staff will utilize appropriate instructional strategies that provide meaningful inclusion of all students, regardless of skill or fitness level.

The district's physical education programs will:

1. Provide physical activity options and alternatives from a variety of categories such as outdoor, rhythmical and lifetime.
2. Feature cooperative, as well as competitive games.
3. Teach self-management skills, as well as movement skills.
4. Actively teach cooperation, fair play and responsible participation.
5. Promote participation in physical activity outside of school.
6. Be an enjoyable experience for students.
7. Encourage lifelong participation in health-enhancing physical activities.
8. Provide for numerous practice opportunities through adequate facilities and sufficient equipment.
9. Create a positive learning environment in which students feel safe and supported.
10. Utilize physical activities that are developmentally appropriate.

Suitably adapted physical education will be included as part of a student's IEP, Service Agreement or accommodation when chronic health problems, disabling conditions or other special needs preclude such student's participation in regular physical education instruction or activities. All documented medical conditions and disabilities will be accommodated in accordance with the applicable IEP or Service Agreement.

An annual assessment and inventory of equipment, facilities and resources used for physical education courses will be made by physical education staff. Equipment, facilities and resources determined to be obsolete, out-of-date, unusable or unsafe will be reported for disposition.

The district's physical education instructional staff will be certified health and physical education teachers.

Physical education staff will attend professional development opportunities and inservice programs, in accordance with Board policy.

District schools will prohibit the withholding or use of physical education solely as a form of punishment.

Family and Community Involvement

To promote family and community involvement in supporting and reinforcing physical education in the schools, the building principal or designee will be responsible for ensuring that:

1. Physical education activity ideas may be sent home with students.
2. Parents/Guardians are actively encouraged to promote their child's participation in the school's physical education programs and after-school activities through information distributed by the school.
3. Physical education curriculum may include homework that students can do with their families.
4. School staff consider student preferences and interest when developing physical education programs.
5. School staff are encouraged to work with local recreation agencies and community organizations to provide opportunities for students to participate in physical activity programs outside of school.