

5 TIPS TO ENCOURAGE GOOD HOMEWORK HABITS

Use your after-school time well and ease stress with these tips for establishing good homework habits.

1

Create a schedule and do homework at the same time every day. Attaching it to an existing habit can help create consistency (e.g. having a snack and then doing homework).



2

Provide a space for your child to do their homework that has the supplies they'll need. This can be anything from a desk in their room to a spot in the kitchen.



3

Put screens and distractions away—consider them a reward for when homework is finished.



4

Develop an order to create a routine. If your child needs motivation, start with their favorite subject. If they're naturally driven to complete homework, start with the hardest assignment.



5

Communicate with your child's teacher—research shows that open communication about homework improves academic performance.

